Walkability: A Healthy Opportunity

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The Health Opportunity Index

Air Quality Index (EPA)

Population Churning Index

Population-Weighted Density Index

Walkability Index

Affordability Index

Education Index

Townsend Deprivation Index

Food Accessibility Index

Employment Access Index

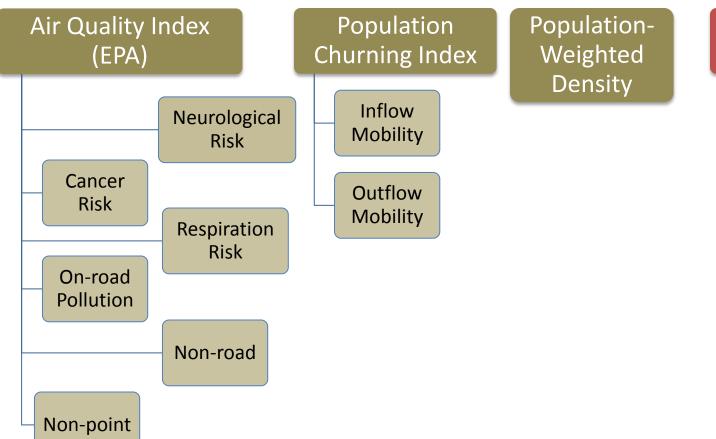
Income Inequality Index

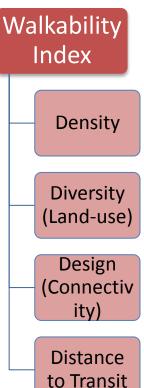
Job Participation Index

Access to Care

Segregation Index

Community Environmental Profile





Walkability



The Evidence

- Walkable Designs linked to:
 - Increased walking for transportation & recreation
 - Increase in physical activity
 - Decrease in BMI/Obesity
 - Decreased air pollution

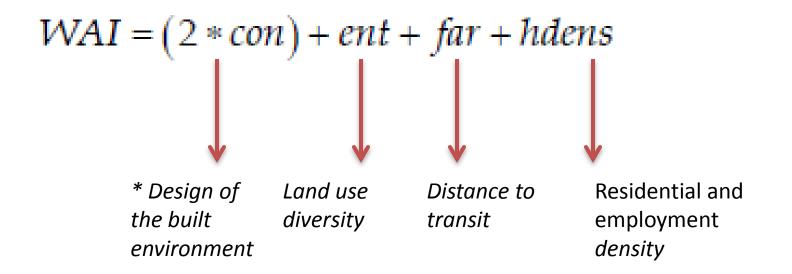
- Suburban Sprawl
 - Linked to Chronic Disease

Walkability Variables

- The 4Ds include concepts such as:
- Density Residential and employment
 - Indicator: Total activity units per acre of land
 - Measures the concentration of activity types within a walkable area
- Diversity Land use and destinations
 - Indicator: Range of land uses by census tract
 - Measures the mix of activities available within a walkable area
- Design Built environment and safety features
 - Indicator: Number of street crossings by census tract
 - Measures the degree of connectivity to support safe pedestrian travel
- Distance Transit accessibility
 - Indicator: Aggregate frequency of transit service per square mile
 - Measures level of accessibility for pedestrians to reach a transit stop

Walkability Index

 Methodology was adopted from International Physical Activity and the Environment Network (IPEN)

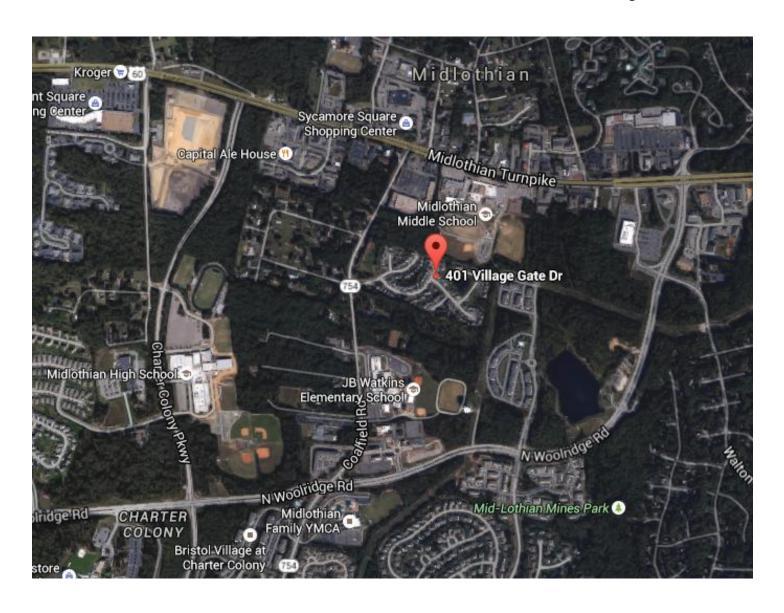


^{*} Variable was weighted twice

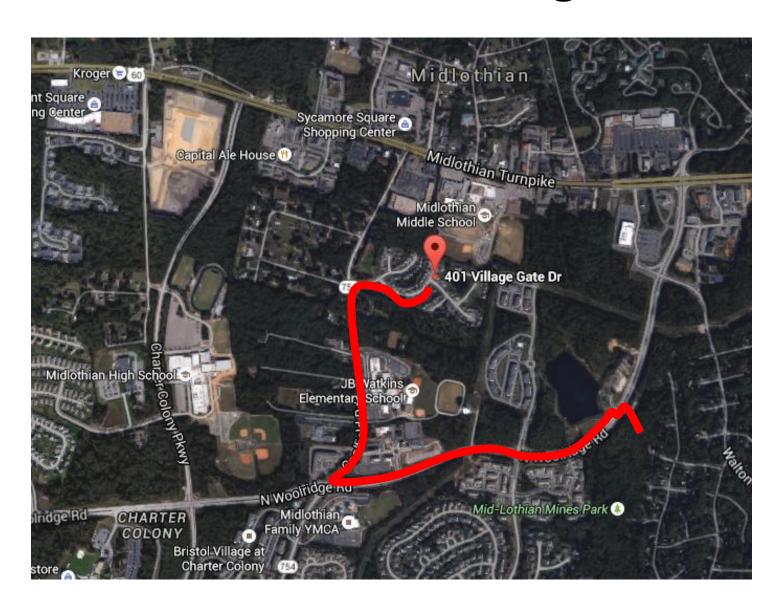
The 4 Ds: Density



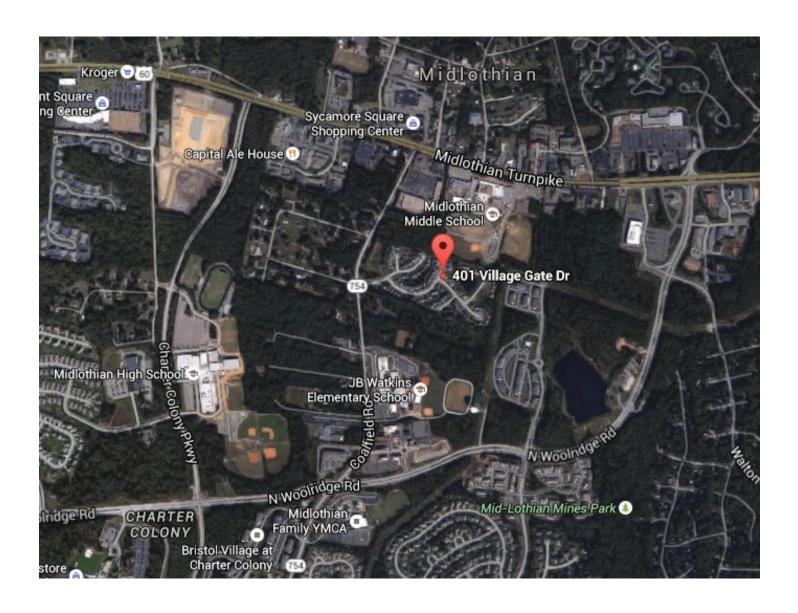
The 4 Ds: Diversity

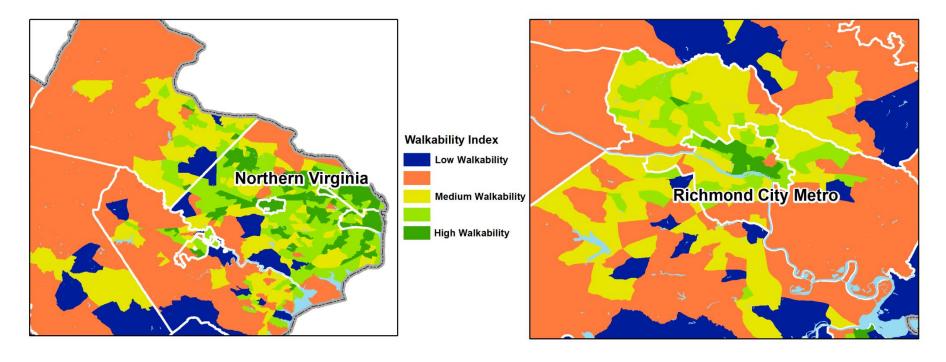


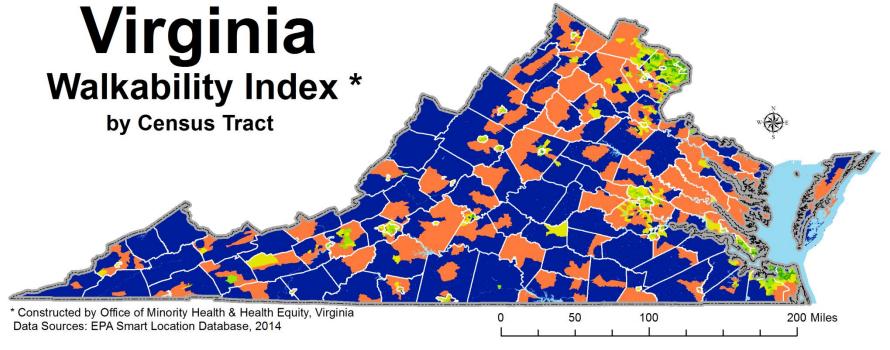
The 4 Ds: Design

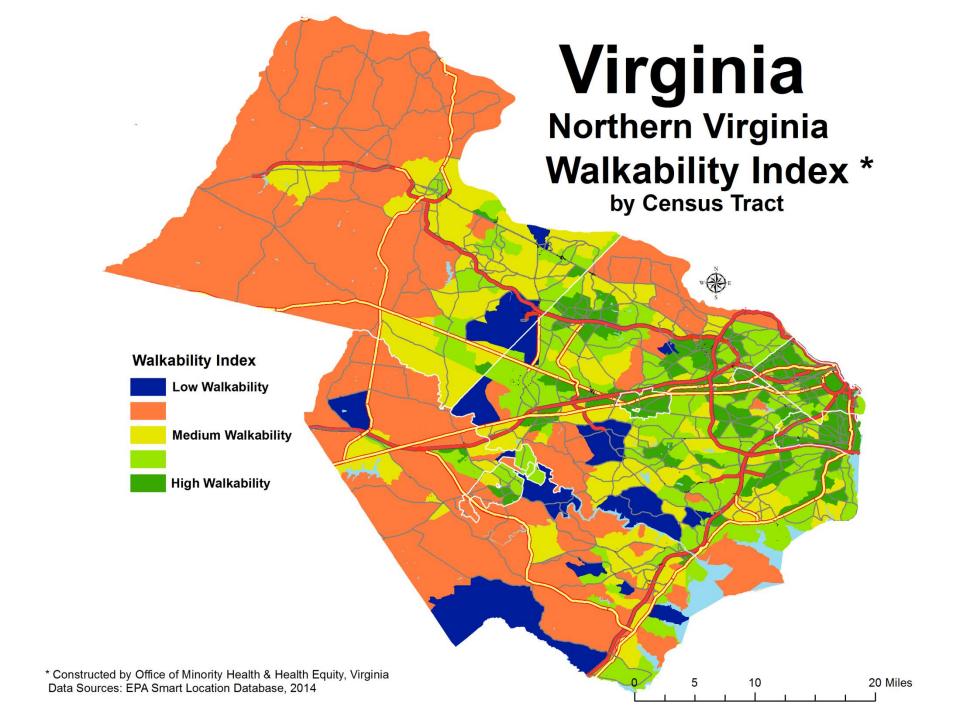


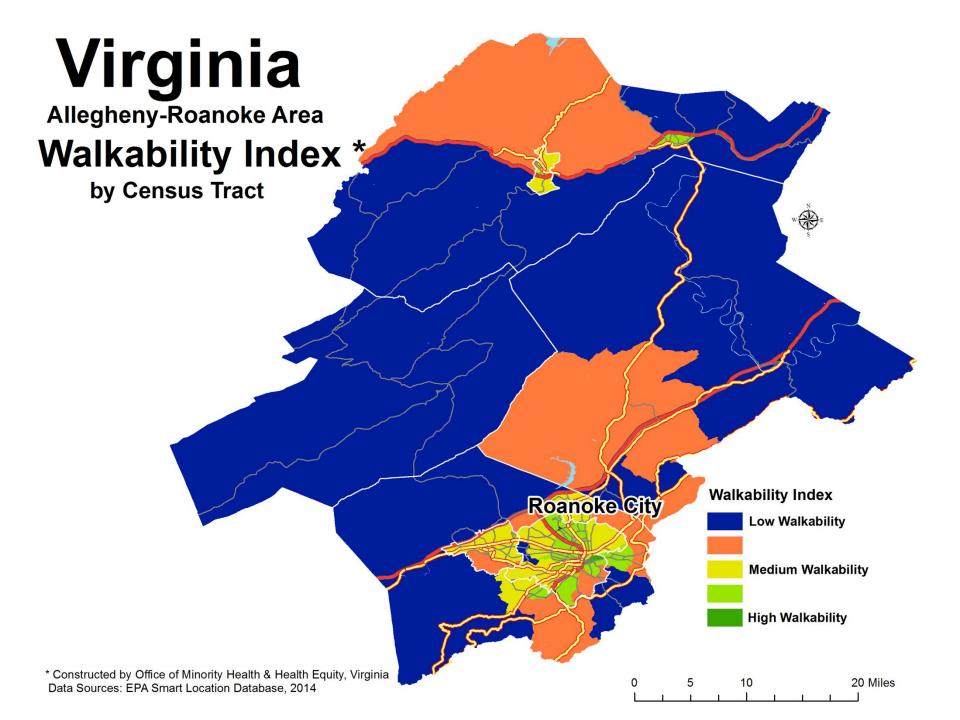
The 4 Ds: Distance: 3.9m



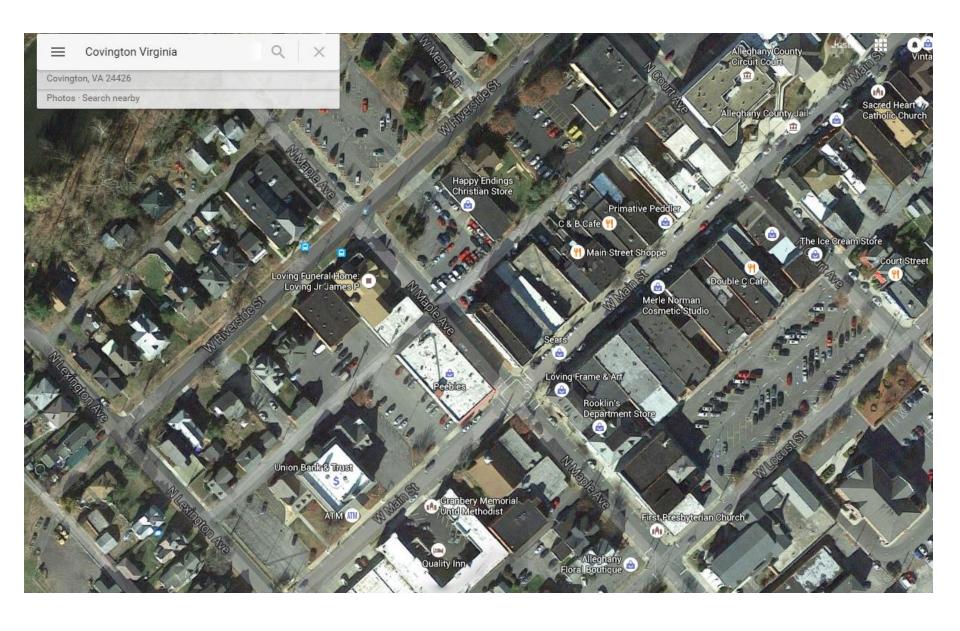


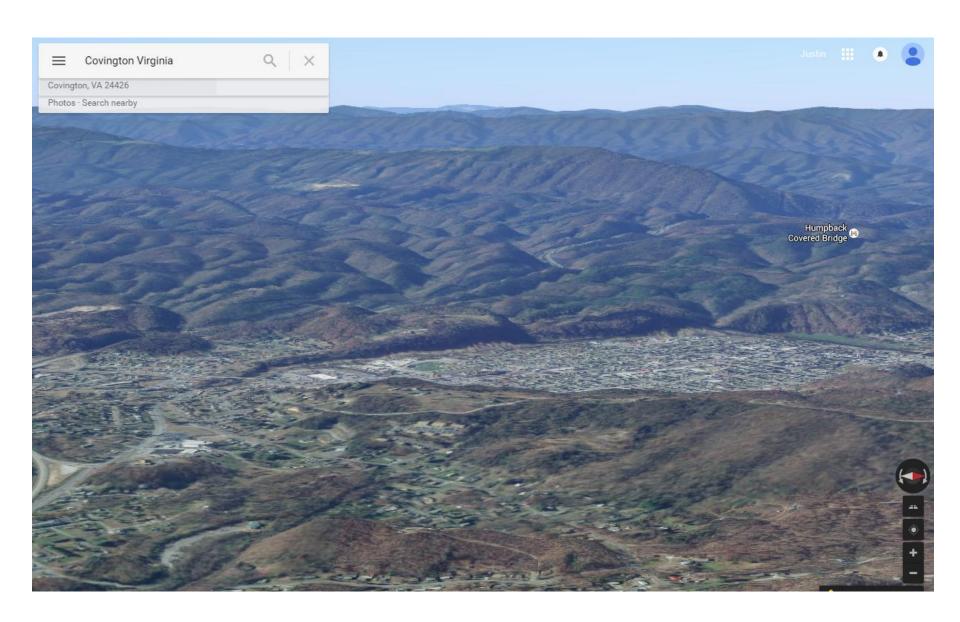


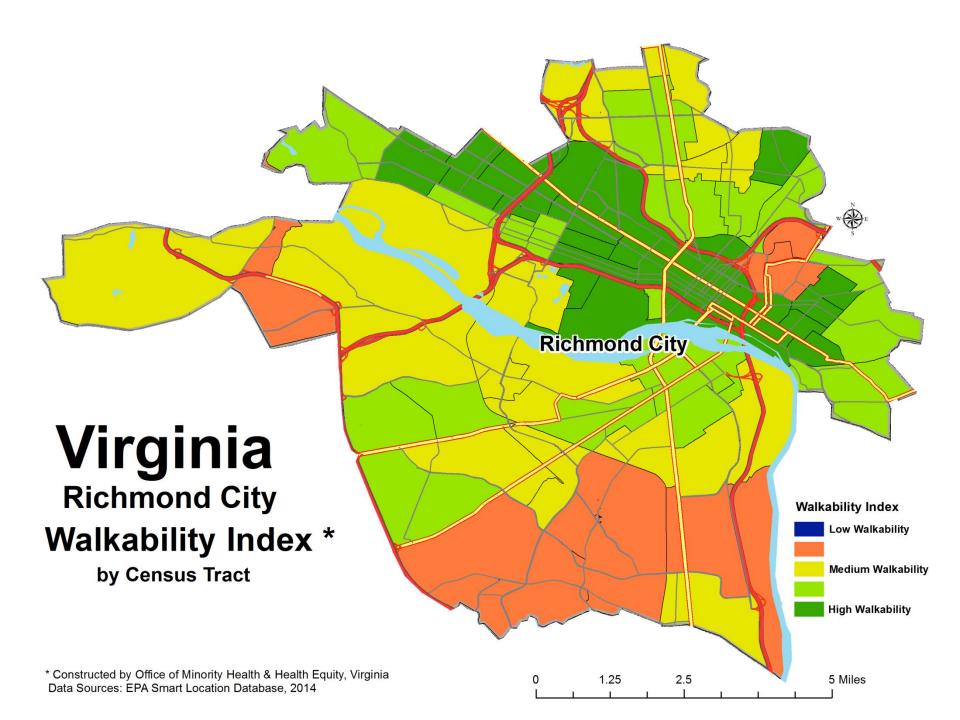




Covington Virginia







First National Bank Building

- · 1912
- 0.2 Acre Footprint
- 154 Units
- 770 Units per acre



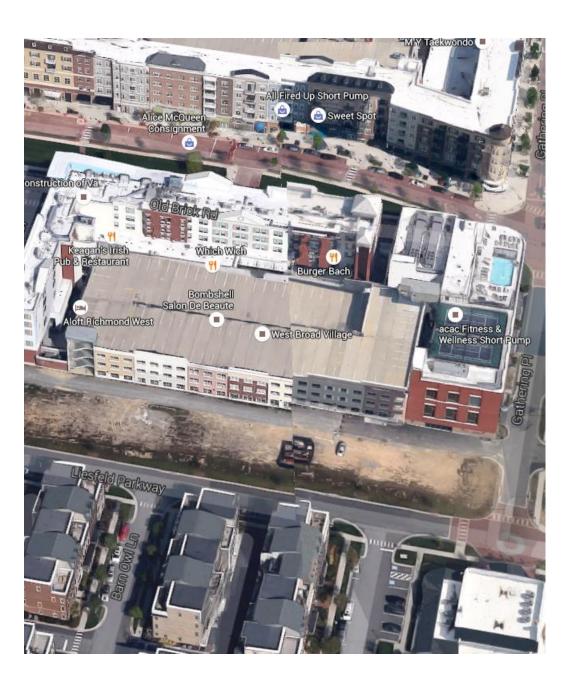
Density



My House: 0.18 Acres

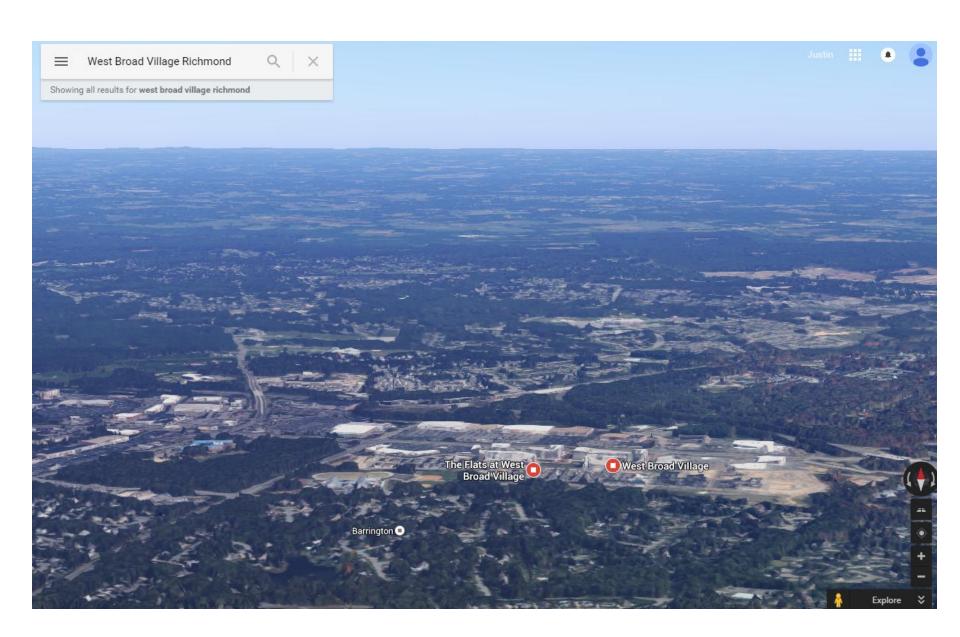
Bellevue

- 1920s-1940s
- 360 Acre Footprint
- 2,842 Population
- 8 persons per acre
- ~ 4-5 units per acre



West Broad Village

- First Residents in 2009
- 115 Acre Footprint
- 882 Units
 - •337 Apartments
 - •545 Townhomes
- 8 Units per acre



Thank you!!

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